

## *Inside the Beautiful World of Indiana Sanchez*

Gorgeous newcomer, Indiana Sanchez won the Miss Nicaragua 2009 pageant and catapulted to the Miss Universe contest within one year of dipping her toes into the world of pageantry. The petite 22 year old model and nursing student from Managua, Nicaragua shares her perspective on beauty pageants, travel recommendations for Nicaragua and how her mother inspired her charity.

### **Indiana's Motto:**

*Reach for the stars; at least you wont come up with a hand full of mud.*

### **Definition of luxury:**

*Luxury for me is something out of the ordinary, elegant, sophisticated, classy and with a sense of style.*

### **First competition:**

*I got the opportunity to go to this pageant in Ecuador, Guayaquil called "Miss Continente Americano."*

### **What it felt like to win Miss Nicaragua 2009:**

*It was an exciting experience you get the chance to meet new people and represent your country to the world.*

### **Preparing for beauty pageants:**

*To get prepared for a pageant the first thing you need to do is FOCUS. Focus on your training and on the pageant your going to. For example, I trained for Miss Universe several months before because I barely had experience in pageants. It consists of intense training; from makeup classes, runway, speech, public speaking, interviews and dance. It also involves visiting the dentist to perfect your smile, the dermatologists to take care of your skin, wardrobe look for the perfect clothes for each event during the pageant. You absolutely can't forget about the evening gown, it has to be the perfect one for your skin and the shape of your body. I tan and the most important is hitting the gym five or six times a week!!!*



### **How to cope with losing a competition:**

*What I have learned in these pageants is that in order for you to be a winner, you have to know how to lose. Always believe in yourself and know that no matter the result is, your a winner just being there. Beauty pageants open doors for your next step and you've just got to keep moving forward.*

## DAY IN THE LIFE

### Day in the life:

*When I'm not in pageants I work as Miss Nicaragua going to different events, supporting charities, doing photo-shoots, modeling work and most importantly spending time with my family.*

### Charitable endeavors:

*As Miss Nicaragua, I have had the opportunity to help many organizations. As a matter of fact, I have my own foundation, it's called **The Indiana Save A Life Foundation** which I established two years ago and now its dedicated to helping out single mothers in Nicaragua. I have that passion to help single mothers because my mother was a single mother and I saw how hard it was for a mom to be on her own, working to feed her child and give her kids a better future.*

### As a representative of Nicaragua:

*I want to raise awareness that Nicaragua is a beautiful country with many touristic places to see and that us Nicaraguans are beautiful and warm, with caring hearts.*

### Travel recommendations for Nicaragua:

*I actually recommend people to come and visit the island of Ometepe, which was one of the islands nominated to be part of the world's seven wonders. It's a beautiful island with two volcanoes and the biggest lake in Nicaragua. Around the island you experience the nature and in the lake called Cocibolca you can see SHARKS in fresh water...*



### Five things people don't know about me:

*I eat chocolate everyday*

*I took courses at Harvard University*

*I love watching reality shows*

*I have two dogs whom I adore*

*I have dedicated my life to Jesus Christ*

### Recommended reading:

*I actually love reading inspirational books. One of them that I could read all over again is called "Become a Better You, 7 Keys to Improving Your Life Everyday" by the preacher Joel Osteen. That book talks about seeing things in life in a positive way, it also motivates you to accomplish your dreams no matter how hard and how*

## DAY IN THE LIFE

*not to only think about yourself, but help others.*

### Favorite Quality I like in a person:

*Honesty*

### Quality I dislike:

*Arrogance*

### Pet Peeve:

*It bothers me to see the youth wasting their life on nonsense and not taking advantage of opportunities.*

### Dream Opportunity:

*I always admire the top models from Victoria Secret like: Heidi Klum, Alessandra Ambrosio because they are women who are successful, beautiful, and talented. I want to be the future 'Angel' from Victoria Secret. That's my next goal to accomplish!!*

